



NATARAYA

day spa & wellness





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# Exclusive Body Massages

Relax your mind and soothe your body

## Back, Neck and Shoulder Muscle Ease Massage

This back, neck, and shoulder massage is targeted to improve muscular tension and tightness. At the end of the treatment, an aromatic muscle rub is applied on localized areas for further benefits.

€ 30.00 🕒 30 mins

## Nataraya's Soothing Scalp, Head and Neck Massage

This treat will hydrate the scalp and improves overall upper body flexibility after alleviating head, neck and arm muscular stiffness, leaving you totally relaxed and uplifted.

€ 30.00 🕒 30 mins

## Traditional Swedish Massage

The Swedish massage technique is aimed at relaxing the entire body, accomplished through the rubbing of muscles with long gliding strokes. This massage is exceptionally beneficial to those aiming to increase the level of oxygen in the blood, decreasing muscle toxins, improving circulation and flexibility, while easing tension.

Express Full Body Massage € 30.00 🕒 30 mins

Full Body Massage € 45.00 🕒 45 mins | € 50.00 🕒 60 mins





### Peppermint Foot Rub

Enjoy both a foot cleanse and massage, all at one go! Start off with a peppermint and almond exfoliation that hydrates and deep cleanses the feet. The session follows with a reflex point foot massage and a leg draining massage.

€ 32.00 ⌚ 30 mins

### Customized Aromatherapy Massage

Following an in-depth consultation session with our qualified therapist, the aroma blends that suit you most will be identified! Whether you love deep relaxation, to balance yourself or simply detox and drain, you may rest assured that we have the perfect blend for you!

€ 35.00 ⌚ 30 mins | € 47.00 ⌚ 45 mins | € 55.00 ⌚ 60 mins

### Deep Tissue Massage

This deep tissue massage involves applying firm pressure and slow strokes that reach deeper layers of muscle and fascia, aiming to release chronic tension in your body.

€ 35.00 ⌚ 25 mins | € 65.00 ⌚ 55 mins

### Organic Aromatic Candle Massage

Feel the warmth, smell the pure natural essential oils, lead yourself in a heavenly space where all your thoughts are washed away! As the candle slowly burns, 100% warm organic plant wax and pure essential oils are gently poured onto your body, followed by slow massage movements.

€ 35.00 ⌚ 30 mins | € 49.00 ⌚ 45 mins | € 64.00 ⌚ 60 mins

### Warm Lava Stone Massage

The warm lava stone massage is one of the most popular spa treatments of all times. It mainly helps to ease tense muscles and damaged soft tissues throughout your body. This massage includes a combination of stationary use of heated stones, together with long stroke massage movements with the warm stones themselves.

**Back, Neck and Shoulder** € 35.00 ⌚ 30 mins  
**Full Body** € 65.00 ⌚ 60 mins

### Nataraya's Exclusive Full Body Massage

For an unforgettable holistic experience, aim for this exclusive full body massage! A facial and neck massage, performed with natural gemstones, followed by a Cleopatra scalp treatment, an energizing foot massage and finished off by a tranquil and relieving massage on the rest of your body.

€ 72.00 ⌚ 65 mins

### Coconut and Tiare Flower Luxurious Massage

Start off this luxurious treat with a pure coconut pulp foot scrub, where your body will be covered in heavenly coconut wax, while enjoying a deep relaxing full body massage, leading to ultimate wellbeing enhancement. A rich Tiare flower moisturization is the finishing touch, aimed at deep hydration and nourishment of dry skin.

€ 70.00 ⌚ 65 mins

### Anti-Stress Aroma Signature Massage For Two

An unforgettable spa experience with your loved one! The combination of a classical full body massage, including head and foot massage, infused with light citrus aroma, French lavender and Ylang Ylang that collectively calm the mind, helping to restore both balance and harmony.

€ 120.00 per couple ⌚ 60 mins



# Exclusive Thalasso Body Treatments

Seawater, authentic seaweed, sea plants, minerals and marine trace elements are the key ingredients of our signature Exclusive Thalasso Body Treatments

## **Heavy Legs SOS** **Refresh and Instant Relief**

A combination of a scrub, a draining massage and a gel-mask will boost one's micro-circulation and help combat heavy legs. It decongests and provides instant relief, allowing one's legs to recover their shape, lightweight feel and vitality, leading to an immersed feeling of long-lasting freshness.

€ 40.00 🕒 45 mins

## **Marine Mud Back Treatment** **Beneficial and Recharging**

Following a purifying scrub, a marine mud back wrap is applied. While your body will be receiving all its benefits, enjoy a soothing head massage to help release all neck and head tension. The final step in this treatment will be an express back, neck and shoulder massage for a delightful moment of relaxation.

€ 49.00 🕒 60 mins





# Thalasso Figure Contour

An abundance of natural carefully selected rich seaweed to stimulate the slimming process and to help you shape and balance

## **Shape Up Express Treatment** A Quick Tone-Up

This innovative treatment offers an immediate sculpting effect through a specialized restructuring massage with authentic sculpting pearls which roll and melt over the skin to deliver their precious content of Caffeine, Menthol and Algoslim to detoxify and help you shape up.

€ 37.50 🕒 40 mins

## **Three-In-One Marine Slimming Treatment** Sculpt, Detoxify and Firm

Your body is generously exfoliated, followed by a wrap, targeted to sculpt, detoxify and firm loose skin. The abundance of minerals, stimulate the slimming process which will visibly redefine your contours right from this very first treatment.

€ 55.00 🕒 60 mins

# Asian Wellness

Ancient Japanese Wellness

## Hands-On Reiki Therapy

Reiki flows to the areas of need, soothing aches and discomfort and supporting the body's natural ability to heal itself. Reiki natural healing comes in extremely handy to boost your energy, when you feel drained, helping you regain your calm, when you are anxious.

€ 55.00 🕒 60 mins

Booking is confirmed subject to the availability of the specialist therapist.



# Natural Organic Herbal & Sea Salt Baths

Soak your Stress Away

**Energizing Citrus  
Hydrotherapy Bath**

€ 30.00 🕒 30 mins

**Detoxifying Green Tea  
Hydrotherapy Bath**

€ 30.00 🕒 30 mins

**Nataraya Hydrotherapy Bath**

€ 15.00 🕒 45 mins





# Ayurvedic Exclusive Therapy

The world's oldest rituals  
and most complete system  
of natural therapies



## Medicated Oil Ayurvedic Head Massage

A truly unique experience! Ayurveda oils penetrate in the scalp smoothly and transport the healing properties of nature, directly into the body cells, which stimulate hair growth, ease tension headaches while abating sinuses.

€ 45.00 | ⌚ 30 mins

## Warm Herbal Oil Ayurvedic Back Massage

During the Ayurvedic back massage, a special technique is performed to relax the back muscles with warm, medicated herbal oil. Our therapist will add pressure on various points of the back and spinal cord, helping one relax while stimulating the nervous system.

€ 45.00 | ⌚ 30 mins

## Belan Malish

A natural wood rolling-pin replaces the therapist's hands. Using a muscle kneading technique with an Ayurvedic muscle-ease massage oil, the Belan Malish is specifically recommended for anyone longing for a deep, firming massage.

€ 75.00 | ⌚ 60 mins

## Abhyangam

This technique revolves around the use of a deeply relaxing warm oil. Ayurvedic full body massage targeting nourishment to the tissues, cells and energy channels. Furthermore, it transcends a deep relaxation onto muscles and restores calmness to the mind and the nervous system. Special handcrafted organic oils from India are used to maximize the healing process according to the person's exigencies.

€ 75.00 | ⌚ 60 mins

€ 90.00 | ⌚ 75 mins

## Shirodhara

Shirodhara (head stream) is a classic Ayurvedic therapy, which originates from the pouring of warm herbal oil on the forehead in a continuous stream. The Ayurvedic Shirodhara ritual is effective in promoting sound sleep while reducing stress. This exclusive treatment further includes a relaxing warm oil full body massage.

€ 130.00 | ⌚ 85 mins



# Body Exfoliation and Wraps

Natural Detoxification leading to the  
Healthiest, Smoothest Skin Possible

## Body Scrubs

### **Revitalizing Marine Body Scrub** Remineralize and Regenerate

Thanks to its valuable trace elements and marine extracts, this mechanical scrub will gently cleanse and exfoliate the skin to reveal a clear and softer skin, leaving you with an overall radiant complexion.

€ 35.00 ⌚ 40 mins

### **Artisan Local Prickly Pear Body Scrub** Refresh and Enliven both Your Mood and Your Skin

A prickly pear extract, apricot kernel oil and vitamin E sugar scrub will turn into a luxurious but gentle body polish, leaving your skin beautifully conditioned and satin-soft.

€ 39.00 ⌚ 40 mins

### **100% Natural and Organic Luxurious Arabica Coffee Scrub** Energize while turning Cellulite into an Enemy

This signature Arabica coffee scrub is loaded with antioxidants, aiding the appearance of mature skin and your fight against cellulite. This scrub will improve your circulation, removing residual dirt, giving you a fresher, younger and more moisturized appearance.

€ 39.00 ⌚ 40 mins



## Body Wraps

### Herbal Hammam Body Wrap

#### Youthful Appearance and Stimulating Effect

Improves the texture and appearance of the skin by helping to rid the body of excess fluids. With the richest natural anti-inflammatory compounds, this body wrap is ideal to boost the immune system and improve blood circulation, leading to a youthful appearance.

€ 49.00 ⌚ 60 mins

### Green Tea Extract Detox Body Wrap

#### Antioxidant and Lymphatic Booster

Loaded with antioxidants and nutrients, this is a great treat for your body, most particularly your lymphatic system. It does not only cleanse the skin's surface, but also deep underneath, removes all the dead cells, cleaning the pores from impurities; very much ideal to balance combination skin.

€ 49.00 ⌚ 60 mins

### Organic Raw Cocoa Body Wrap

#### Energize and Tone

Truly a raw cocoa, delightful experience for your body and mind! The scent of chocolate releases endorphins that make you feel happy, with your body enjoying a leaner look. Polyphenols in cocoa delay the ageing process, leading to your younger look, with the skin taking on a smooth glow as it gets moisturized and hydrated during the process.

€ 49.00 ⌚ 60 mins

Further to seasonality, the above listed body scrubs and wraps may not always be available, however, when this will be the case, our therapists will present you with enticing alternatives.



# Nataraya's Aromatic Skin Therapy

Enhance your sense of smell and honour your skin with natural based products formulated with pure essential oils, sourced from prime locations around the world, by the one and only EVE TAYLOR! Eve Taylor embraces over 50-years of experience, standing proud and never letting go of its three main principles when coming up with its beauty products; natural and prime quality, Paraben and harmful chemicals free, with products that are never tested on animals.

## Express Customized Facial Recommended to All

This is a short beauty break, yet, a complete tailor-made treatment nonetheless, that will enhance your daily cleanse routine.

€ 30.00 ⌚ 30 mins

## Harmonizing Balancing Facial Combination and Even Tone

A facial that leaves a balancing effect on mixed skin with variable areas, thanks to readily absorbed moisture effects that hydrate the drier areas without leaving an oily feel to the entire face. This proper oxygenation is in fact encouraged through essential oils such as those derived from geranium and basil.

€ 40.00 ⌚ 45 mins



### **Deep Cleansing Aromatic Facial** **Oily and Breakout Prone**

Natural antiseptic Sandalwood and Ylang Ylang extracts, vitamins and anti-oxidants are the key ingredients in this treatment that help balance oily and clogged skin. This facial also naturally lifts impurities and fights bacteria that eventually cause breakouts.

€ 50.00 ⌚ 60 mins

### **Aroma Soothing Facial** **Delicate and Moisture Regime**

An aromatic facial treatment that balances, calms and oxygenates the skin, where thanks to a blend of potent natural essential oils, nourishing plants, green tea and aloe extracts, this treatment contributes to cool, soothe and reduce redness in the skin.

- Includes a Relaxing Scalp Massage.

€ 57.00 ⌚ 60 mins

### **Intensive Age Resist Facial** **Early Signs of Ageing and Dehydration**

A facial that plumps and hydrates the skin, smoothing fine lines, with the intent of softening the early signs of wrinkles by preventing trans-epidermal water loss, more commonly known as dehydration. Nourishing plant oils used, will help promote cellular stimulation which prevents ageing.

- Includes a Hydrating Hand & Arm Massage.

€ 58.00 ⌚ 60 mins

### **Renew and Lift Aroma Facial** **Firm and Tone**

An exceptional antioxidant facial treatment that combats free radicals, protects collagen and elastin fibres from degradation. This facial is ideal to stimulate collagen aimed at minimizing lines and wrinkles, giving that firming and tightening sensation.

- Includes a Hydrating Hand & Arm Massage.

€ 58.00 ⌚ 60 mins

### **Time Line Recovery Facial** **Softens Lines and Wrinkles**

This advanced formula treatment enhances the skin's natural protection and repair factors, promoting better cell function, improving also the quality of skin tissue. This facial helps also to prevent biological ageing cells, extending the skin's youth span, thanks to reduced signs of ageing, not just wrinkles.

- Includes a Scalp & Anti-Ageing Hand Massage.

€ 60.00 ⌚ 65 mins





# Cutting-Edge Face Treatments From The Sea

The high concentration of mineral salts, trace elements, vitamins and amino acids found in seaweed, imbue products with the power to create beauty and well-being. THALION, beauty from the heart of seaweed!

## The Firming Eye Recuse Treatment Age Delay

This professional, strength treatment infuses the delicate eye area with exclusive, proprietary surface-filling and firming technologies that instantly lift, firm and visibly reduce the appearance of lines and wrinkles.

€ 25.00 ⌚ 30 mins

## Perfect Tone and Contour Oxygenating and Rejuvenating

Highly concentrated in minerals, trace elements and vitamins, this care, boosts the defence mechanisms of all stressed and suffocated skins, protecting them against external aggressions.

- Includes an Arm Toning Massage.

€ 58.00 ⌚ 60 mins

## Face Lift Recovery Facial Plump and Firm

Ideal for all skins in search of firmness and in need of a lift, this comprehensive treatment helps recover skin elasticity. In the heart of this treatment, one finds a unique combination of active ingredients where the face is left plumped and reshaped.

- Includes an Anti-Wrinkle & Firming Signature Manual Face Lift Massage.

€ 60.00 ⌚ 60 mins

## Luxurious Intensive Anti-Ageing Facial Best of Both Worlds; Anti-Wrinkle and Lifting

An all-new, signature intensive anti-ageing face treatment that combats wrinkles and sagging skin. Its filling and smoothing action visibly reduces the signs of ageing, thanks to the use of customized restructuring 'Face Gym Lifting Massage', where wrinkles are left plumped and the face toned, with the face recovering its original youth texture and look.

- Includes a Signature Back and Neck Massage which renders this experience even more unique.

€ 70.00 ⌚ 90 mins



# Mama-To-Be Luxurious Spa Treatments

Skin Nourishment and Deep Relaxation

## Japanese Camellia Back, Neck, Face and Head Pregnancy Massage

A sensitive and relaxing massage, especially designed to meet the needs of a pregnant mama. This treatment is ideal for those aiming to lower anxiety and improving sleep.

€ 47.00 🕒 45 mins

## Elemis Peaceful Pregnancy Massage

A sensitive and relaxing full body and scalp massage that hydrates and moistures the skin that is expanding to accommodate a growing baby. This treatment includes a signature maternity head to toe full body massage, including a foot refreshing treatment, together with a facial and scalp hydrating treat.

€ 65.00 🕒 75 mins

## Skinfood Organic Facial Hyper Sensitive and Dehydrating

A deep, most delicate and hydrating oatmeal, Camellia oil and aloe vera facial treatment that gently cleanses, while nourishing and calming the skin. This facial is ideal for those with ultra-dry, hyper sensitive, dehydrated or irritated skin including eczema and psoriasis.

• Includes a Soothing Hand & Arm Massage.

€ 60.00 🕒 60 mins





# Discover Nataraya's Long Haul Journeys

## The Hawaiian Grand Escape Hydrate and Indulge

This ritual is a caress, offering total pleasure, guiding you towards a world free of stress and agitation. Relaxed, the body will savour a pure moment, in an atmosphere embellished by the scent of the Tiare flower and coconut. This journey begins with a coconut pulp full body scrub and wrap, followed by a relaxing full body massage.

Signature Hawaiian Full Body Scrub and Full Body Wrap | Signature Relaxing Full Body Massage & Luxurious Moisturization.

€ 85.00 🕒 120 mins

## Exotic Sensations Getaway Tone and Radiate Positivity

Thoughts of a humid, luxuriant atmosphere and wild vegetation will cross your mind. This mysterious ritual speaks of warmth and life; totally invigorating, it will energize your being, making you feel happy, in your own skin. This signature journey includes a full body, exotic fruit extracts toning exfoliation, self-heating seaweed and cocoa bean full body wrap and ultimately an energizing full body massage.

Unique Exotic Full Body Scrub and Full Body Wrap | Signature Energizing Full Body Massage.

€ 85.00 🕒 120 mins

## A Journey To The East Detox and Revive

With warm gestures, this ritual allows the body to rid itself of toxins enabling the skin to become more radiant. The body is restored to a feeling of well-being as in the Oriental tradition of purification. The journey will start off with an argan and peppermint detoxifying full body scrub, stimulating pepper and seaweed full body wrap, ending off with a remarkable full body massage.

Awakening Oriental Full Body Scrub and Full Body Wrap | Signature Sculpting Full Body Massage.

€ 85.00 🕒 120 mins



# Men's Spa Collection

Groom, Detox and Unwind

## Express File and Buff

Hand or foot nail shaping, cuticle tidying up and conditioning.

€ 15.00 ⌚ 20 mins

## Back Polish

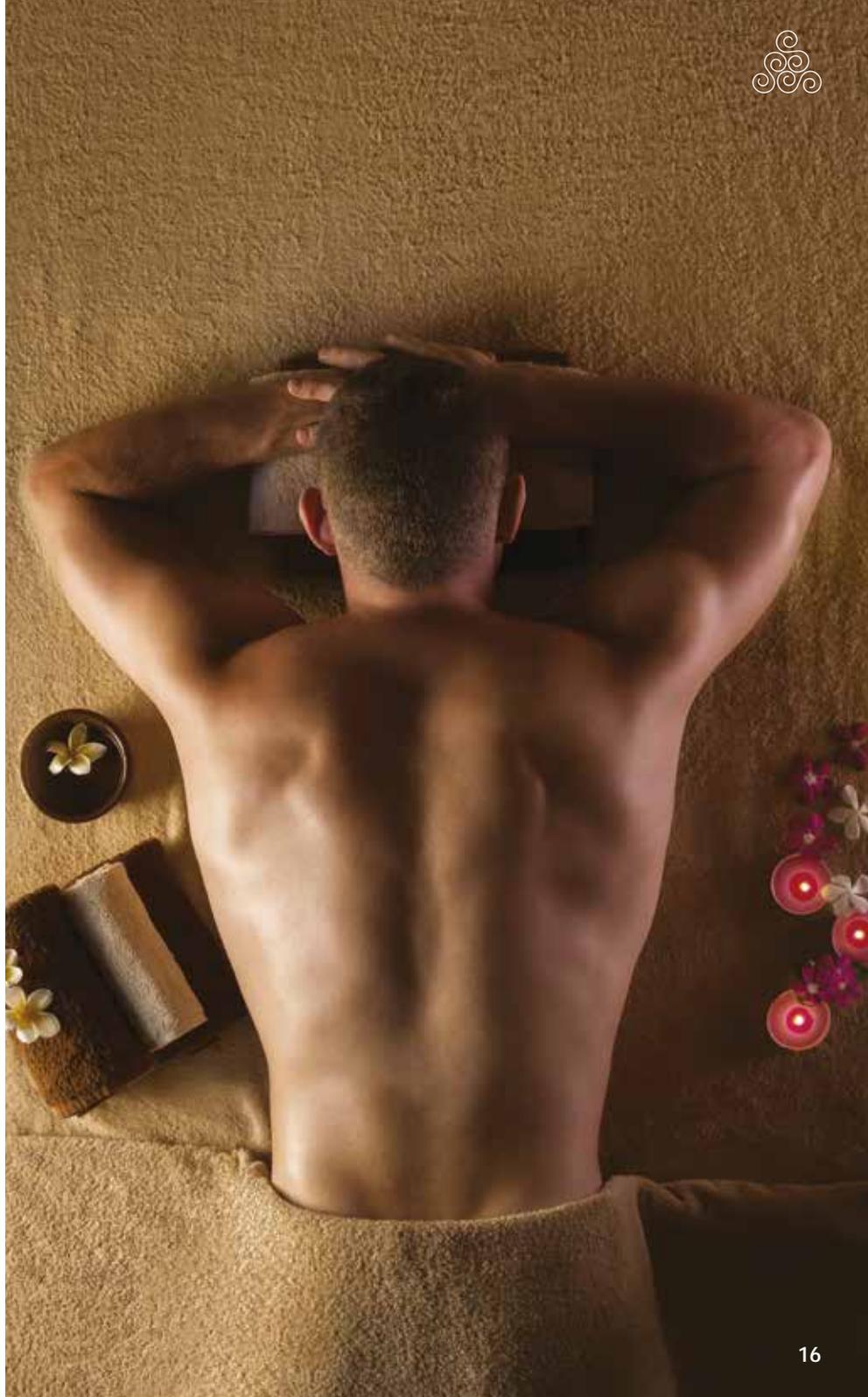
A marine slats back exfoliation will welcome you, deeply cleansing and hydrating your back, getting you completely energized thanks to a back, neck and head massage that will follow.

€ 45.00 ⌚ 50 mins

## Marine Detox Ritual For Men

This treatment will maximize the beneficial proprieties of seaweed and marine salts to promote natural detoxification. After a full body exfoliation, your body is wrapped in the finest algae mud wrap to stimulate body temperature and encourage the elimination of toxins.

€ 65.00 ⌚ 60 mins





# Homme Skin Bar

Highest Quality Skin Care for Men

## Homme Express Facial Quick Cleanse

Nourishing, weekly routine, cleansing facial treatment.

€ 32.50 ⌚ 30 mins

## Homme Aromatic Deep Pore Cleansing Facial For Oily and Combination Skin

A unique deep cleansing facial treatment with a blend of pure essential oils, aimed at reducing skin oil, while providing anti-septic properties for a clear and clean complexion.

- Includes a Pressure Point Scalp Massage.

€ 55.00 ⌚ 60 mins

## Customized Homme Age Defense Facial Anti-Ageing and Firming

Whether you would like to firm and lift or plump, wrinkles and expression lines, our therapist will choose the most suitable regime for your skin needs, leaving your skin oxygenated and highly radiant.

- Includes a Deeply Nourishing Hands & Arms Massage.

€ 60.00 ⌚ 60 mins

## Nataraya's Homme Facial Treatment Hydrate and Relax Profoundly

This treatment includes a re-hydration facial treatment providing your skin instant comfort.

- Includes a Soothing Hot Stone Back, Neck & Head Massage.

€ 65.00 ⌚ 65 mins



## Body Waxing For Men

Eyebrow Shaping	€ 8.00	Back Waxing	€ 25.00
Under Arm Waxing	€ 15.00	Full Chest and Full Back Waxing	€ 40.00
Arm Waxing	€ 20.00	Arms, Chest and Back Waxing	€ 49.00
Chest Waxing	€ 25.00	Full Leg Waxing	€ 49.00



# Hands and Feet Nourishing Treatments

## Express Manicure

Includes hand exfoliation, moisturization, nail filing and shaping together with a choice of cuticle work or nail polish application or gel polish removal.

€ 28.00 ⌚ 45 mins

## Express Pedicure

Includes foot exfoliation, moisturization, nail filing and shaping, together with a choice of cuticle work or nail polish application or gel polish removal.

€ 30.00 ⌚ 45 mins

## Signature Spa Manicure

An intensive, hydrating hand and nail treatment including a nourishing hand mask, followed by hand and arm massage and nail polish.

€ 40.00 ⌚ 75 mins

## Signature Spa Pedicure

Indulge in treating your feet, including grooming of the nails and cuticles, foot buffing and specialized refreshing foot mask, followed by an energizing massage.

€ 42.00 ⌚ 75 mins

## Nails

Nail Polish Application	€ 10.00
Gel Polish Application	€ 18.00
Gel Polish Upgrade with any Manicure or Pedicure	€ 15.00
Gel Polish Removal and Application Upgrade with any Manicure or Pedicure	€ 20.00
Gel Polish Removal and Application	€ 25.00

## Body and Face Waxing

Upper Lip Waxing	€ 5.00	Tummy Line Waxing	€ 5.00
Eyebrow Shaping	€ 7.00	Lower Back Waxing	€ 10.00
Upper Lip and Eyebrow Shaping	€ 10.00	Bikini Line Waxing	€ 10.00
Under Arm Waxing	€ 10.00	Half Leg Waxing	€ 15.00
Arm Waxing	€ 15.00	Full Leg Waxing	€ 20.00

## Tints

Eyebrow Tinting	€ 10.00
Eyelash Tinting	€ 10.00



# Nataraya Discounted Packages

Helping You Relax  
at a Reasonable Price

## Pick Your Favourite 3 Massages

Traditional Full Body Massage  
Lava Stone Full Body Massage  
Aromatherapy Full Body Massage  
Manual Lymphatic Full Body Massage  
Signature Toning & Energizing Massage  
€ 135.00 per person 🕒 180 mins

## Pick Your Favourite 3 Signature Facial Treatments

Deep Cleansing Aromatic Facial  
Aroma Soothing Facial  
Intensive Age Resist Facial  
Renew & Lift Aroma Facial  
€ 140.00 per person 🕒 180 mins





# Exclusive Discounted Spa Packages

For A Remarkable Spa Experience

## Nataraya Couples Royal Retreat

Raw Unrefined Sea Salt Hydro Therapy Bath  
Classical Express Facial For Him & Her  
Soothing Scalp Massage  
Nataraya Balancing Full Body Massage  
€ 150.00 per couple 🕒 1 hr 55 mins

## Couples In-Room Spa Treat

Cleopatra Scalp Nourishing Treatment & Head Massage  
Soothing Facial Massage  
Reviving Foot Massage  
Glass of Prosecco per person  
€ 150.00 per couple 🕒 40 mins

## The Spa Coffee Break

Hydro Therapy Bath  
Energizing Organic Coffee Scrub  
Hydrating Full Body Moisturization  
Back, Neck Head Massage  
€ 60.00 per person 🕒 1 hr 40 mins

## Personalized Perfection

Hydro Therapy Bath  
Nataraya Tailor Made Facial  
Customized Aromatherapy Full Body Massage  
€ 91.00 per person 🕒 2 hrs 25 mins



# Spa Holiday Retreats

The Absolute Mediterranean  
Body & Mind Wellness

## Detox, Shape Up & Energize Retreat

Day 1: Hydro Therapy Bath

Marine Salts & Algae Full Body Exfoliation  
& Moisturization ⌚ 75 mins

Day 2: Detoxifying & Firming Treatment Including  
Full Body Wrap ⌚ 60 mins

Day 3: Thalasso Pearls Toning & Sculpting Treatment ⌚ 40 mins

€ 115.00 per person

## Wellness Retreat

Day 1: Heavenly Sleep Herbal Bath

Relaxing Head, Neck &  
Shoulder Massage ⌚ 60 mins

Day 2: Luxurious Full Body Exfoliation  
& Moisturization ⌚ 40 mins

Day 3: Signature Aroma Shooting Facial,  
Including Arm & Hand Massage  
Natural Gem Stone Foot Massage  
⌚ 85 mins

Day 4: Classical Nataraya  
Full Body Massage  
⌚ 45 mins

€ 175.00 per person



# Nataraya Spa Parties

Celebrate in Style & Relax

## Children's Spa Parties

### Tiny Fingers - Tiny Toes

Jacuzzi Session

Hand & Foot Sugar Scrub

Multi Vitamin Nail Top Coat

€ 25.00 per child 🕒 50 mins

Valid for a minimum of 4 children

### Star For A Day

Express Mini Manicure or Express Mini Pedicure  
and Skin Food Mini Facial or

Relaxing Head & Neck Massage

€ 30.00 per child 🕒 60 mins

Valid for children up to 14 years of age

Tailor Made Packages can be designed on request

## Adults Spa Parties

### Spa Party Getaway

Celebrate & Unwind With Friends

Hydro Therapy Bath & Glass of Prosecco

Pick & Mix 2 Favorites

Express Classical Facial

Back, Neck & Head Massage

Foot & Leg Massage

Express Full Body Massage

Full Body Scrub

€ 64.00 per person 🕒 2 hrs

Valid for a minimum of 3 persons



# Pamper The Celebrity of the Day

Our Exclusive Spa Party  
for that Special Occasion

## Taste Buds Therapy

Tea and coffee  
Selection of Herbal Teas  
Mineral water  
Fresh Orange Juice  
1 Glass of Prosecco

Wholemeal sandwiches with Parma ham,  
Parmesan cheese and rucola leaves  
Mini trio sandwich with smoked salmon, dill and prawn  
Open mini ciabatta with grilled goats' cheese  
and sliced baby tomatoes 🍷

Chocolate and hazelnut twirls  
Orange and pistachio cupcakes  
White chocolate croissants

## Spa Treatments

Hydrotherapy Bath  
Back & Leg Energizer or Classical Express Facial  
Foot or Head Pressure Point Relaxing Massage

Day Pass for the use of Spa Facilities

€ 80.00 per person 🕒 2 hrs 30 mins  
Valid for a minimum of 4 persons

One free person with a minimum of four paying adults

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## Loyalty Scheme

Ask for you loyalty card at our Spa to benefit  
from future discounts. Terms and Conditions Apply.





# Your Nataraya Day Spa and Wellness Journey

## Gift Vouchers

An excellent idea to give to your loved ones! Gift Vouchers are available for any treatment or packages being offered at the Spa. Gift Vouchers are non refundable and must be presented at the time of booking.

## Booking Information

For any Spa related information, guidance or securing your spot at the Spa, please call us directly on (+356) 2280 1922 or if staying with us at the hotel, contact us through extension 1922. Alternatively, you can visit the Spa Consultation Desk located at Level -3, where you will be guided through our selection of treatments.

## Medical Conditions

If you have undergone any surgery within the past 6-months, suffer from any medical condition, allergies, recently got tattooed, are pregnant or recently gave birth, please advise us at the time of booking.

## Sauna

This is free of charge to our guests. Please bring along your swimwear for your sauna session.

## Payment

All services booked must be prepaid or guaranteed through your room account, at the time of booking, either directly at the Spa Consultation Desk or at the Hotel's Front Desk.

## Cancellation Policy

We require a 24-hour notice to cancel your reservation without charge. You will be reimbursed 50% of the charge paid, if you cancel within 24-hours of your scheduled time, whereas you will receive no reimbursement at all, if you fail to show up.

## Arrival

Spa guests are advised to arrive 15-minutes prior to their appointment, allowing ample time for the completion of a detailed spa consultation form, ensuring that the treatments booked, are the most ideal for you. For your safety and comfort, we suggest that you do not bring along with you to the Spa, jewelry and valuables.

## Discretion

To maintain a peaceful atmosphere, we kindly ask you to turn off your cell phone and any other electronic devices, keeping also conversations at a whisper, while at the Spa. Out of respect to other Spa guests, young children are not allowed to accompany their family members at the Spa, while adequate attire is required at all times.

## Gratuities

Gratuities are not added automatically to the Spa service booked, however, these remain very highly appreciated.



**SOLANA**  
HOTEL AND SPA

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